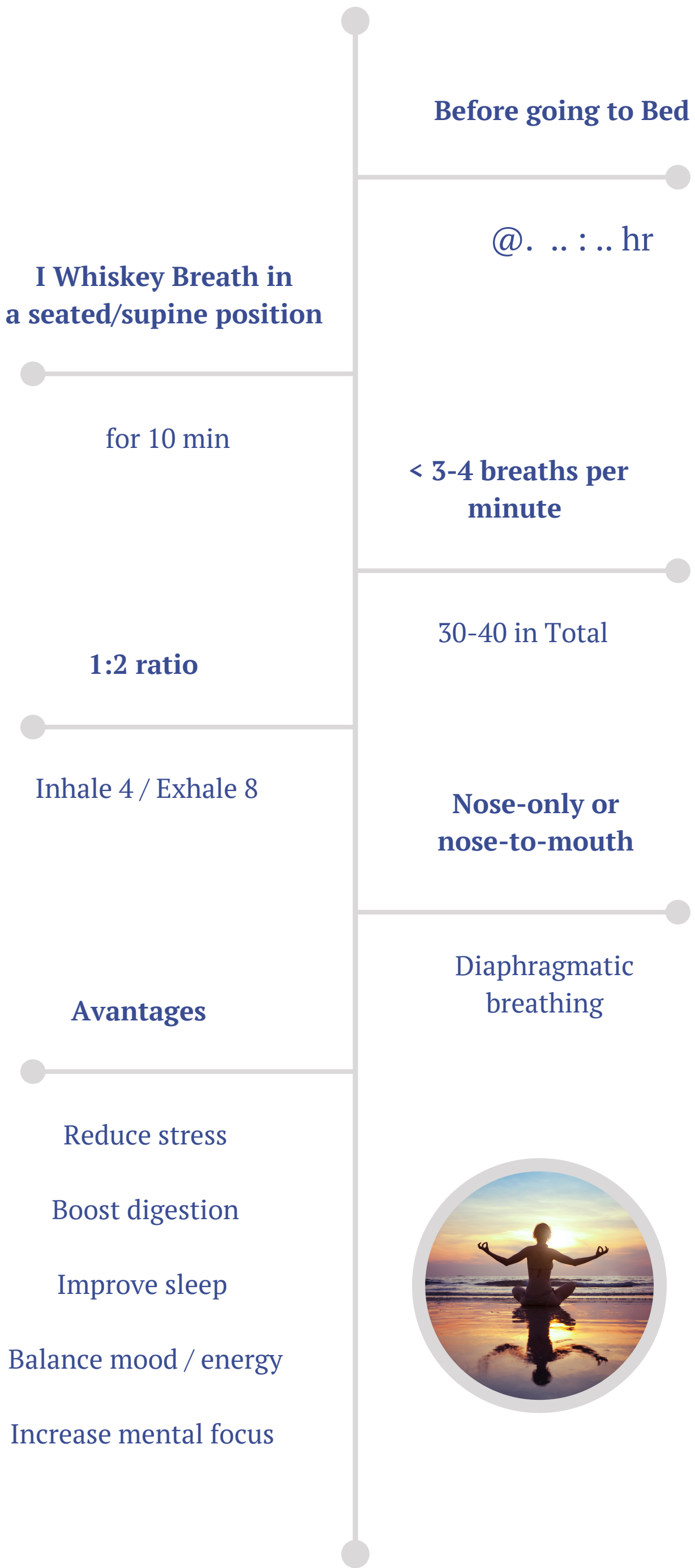


MY TINY HABIT BREATHING ROUTINE WEEK #3



YOUR HEALTH COACH
healthy lifestyle solutions

