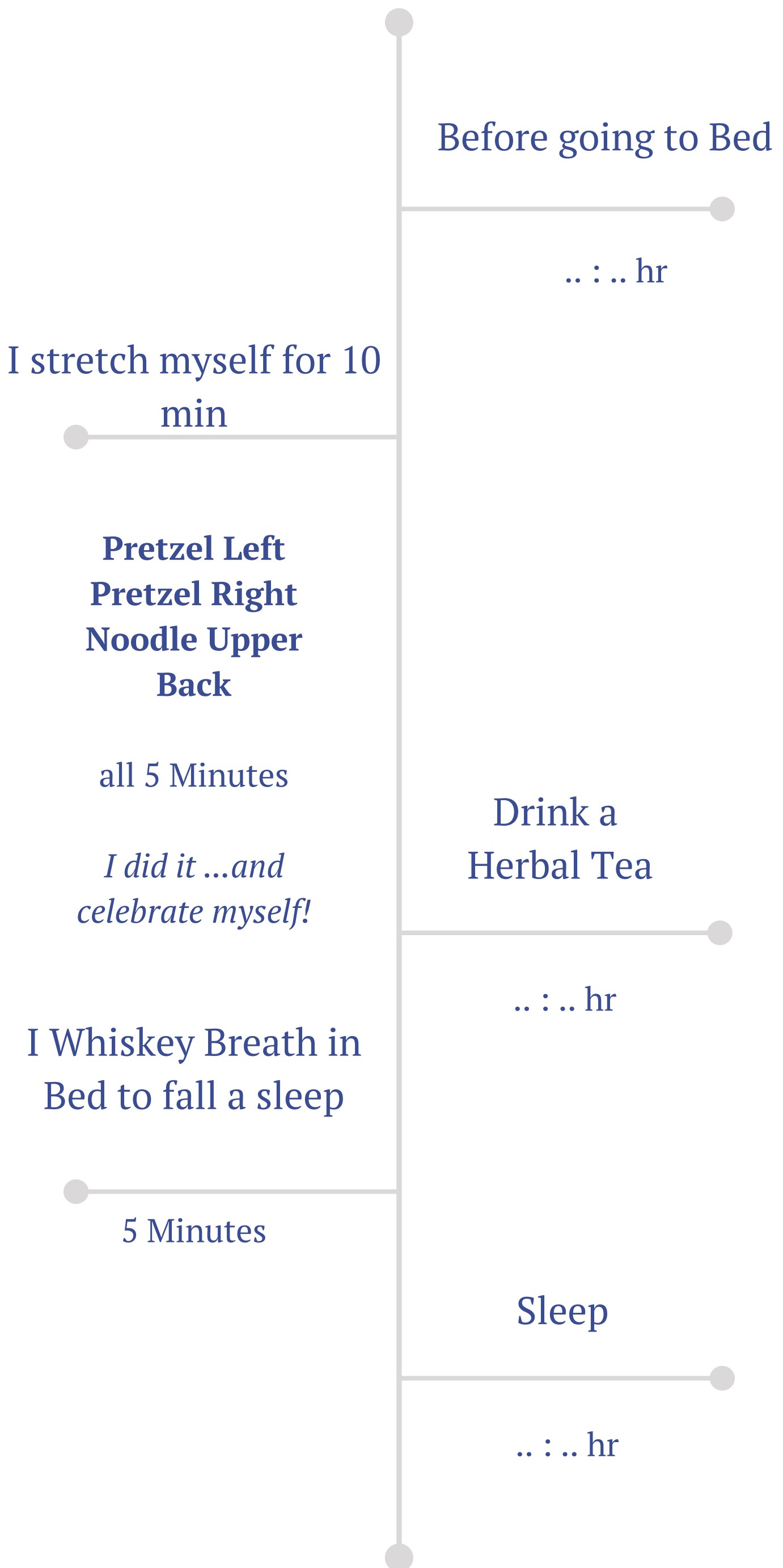


MY TINY HABIT STRETCHING ROUTINE WEEK #4



YOUR HEALTH COACH
healthy lifestyle solutions

